

## Champlain Acquired Brain Injury System Navigation Services

Brain injury is more common than you think: an estimated 500,000 Ontarians are living with acquired brain injury (ABI), which is damage to the brain from a traumatic or non-traumatic event after birth. People with ABI can have problems with behaviour, mood, cognition and physical symptoms.

For those living with the effects of ABI, our Champlain ABI System Navigator is here to improve their access to services. We do this by:

- **Being your single point of access** to ABI services across the region and
- **Collaborating with a variety of health service providers**, including those who offer services for ABI, mental health and addictions, developmentally delayed, geriatrics, corrections and housing.

In fact, our ABI System Navigator is part of the Champlain ABI Coalition, which includes ABI agencies, various community partner members and us. The coalition influences excellence in services and supports for people with ABIs.

To apply for ABI services or inquire about what might be right for you, please contact:

**Connie Coburn**

Champlain ABI System Navigator

[constance.coburn@hccontario.ca](mailto:constance.coburn@hccontario.ca)

613.745.8124 x 5963,

or toll-free 1.800.538.0520 x 5963

To learn more about Home and Community Care Support Services please visit [healthcareathome.ca](http://healthcareathome.ca).